

Summary**I- Activities**

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**I- Activities**

1-1/ Health Problems

- Put the words in the correct order to make sentences :

1. throat / today / is / a / a / fever / because / Meriem / sore / she / absent / and / has

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2. Saturday / and / out / don't / fun / why / ? / go / we / night / have

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3. brother / test / they / because / and / hard / Sara / a / study / her / have / must

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4. appointment / doesn't / can't / doctor / he / Adil / an / see / have / because / the

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5. terrible / dentist / want / Leila / a / but / toothache / a / doesn't / see / has / she / to

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1-2/ At the Doctor's

- Reorder the following sentences to write a paragraph about a health problem. Use the words in italics to find the right order. Start with sentence h.

a. Your doctor will probably prescribe *eardrops*.

b. Of course you will have to stay out of the water during *these days*.

c. *This* can help you feel better.

d. The *most important* thing is to attack the infection.

e. *these* contain an antibiotic to kill the bacteria.

f. You usually have to use the *eardrops* for 7 to 10 days.

g. When your ear hurts, *he* or *she* may suggest a pain medication like Acetaminophen,

h. When you have 'a swimmer's ear, there are many things you can do.

i. The doctor *may also* give you antibiotics in a liquid or a pill for you to swallow.

## 1-3/ Health around the World

1. Read the three problems below. What do the people suffer from? What advice would you give them?

Dear Abby,  
I work 13 hours a day and I rarely take vacations. I spend the whole day working on the computer. I don't even have time for exercising. I'm getting fat. I feel tired all the time. I often have sore eyes and I have terrible headaches at night.  
Please help me.  
Paul

Dear Abby,  
I am 18 years old and I suffer from insomnia. I usually go to bed at 10:00 p.m., but I wake up at 2:30 in the morning and can't sleep again. When I go to school, I feel sleepy and cannot concentrate.  
Please help me.  
Brian

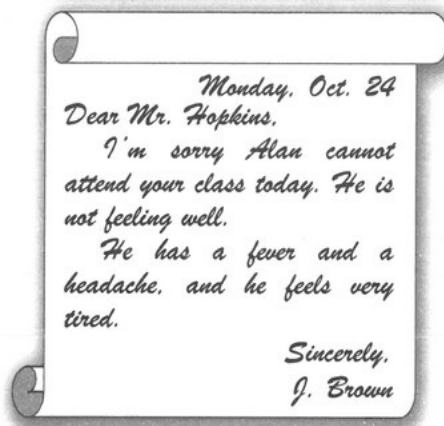
Dear Abby,  
I want to lose weight; right now I weigh 90 kilos. My problem is that I never have meals at home. I always eat between meals and I like junk food. I really feel terrible.  
What can I do?  
Sam

2. Write an answer to one of the letters.

## II- Practice

### 2-1/ Exercise 1

- Read Mrs Brown's note to her son's teacher. Then write a note to your English teacher telling him that you cannot go to school because of a health problem :



### 2-2/ Exercise 2

When they have minor health problems, some people do not usually go to the doctor; they just use home remedies.

- Read the home remedy for burns and write home remedies for the other problems. Ask your mother or someone else if you don't know.

Burns :

Turn on a tap and put the burn under cold water. Some people put toothpaste on the burn.

Insomnia :

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Migraine :

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Colds :

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Fever :

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Sore throat :

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